In January 1992, the Alabama Legislature charged the Impaired Drivers Trust Fund (IDTF) and the IDTF Advisory Board with the responsibility of facilitating a comprehensive system of services for Alabamians with head and spinal cord injury. The Alabama Department of Rehabilitation Services (ADRS) was designated to disperse monies from the IDTF in accordance with criteria established by the board. Thus, the advisory board, IDTF committees, and ADRS implemented systems and procedures to deliver services.

In 1993, the Legislature passed ACT 93-323 imposing an additional fine of $100 on persons convicted of driving under the influence of alcohol or drugs, with proceeds allocated to the IDTF. These proceeds are used as payer of last resort for costs of care provided to Alabamians who survive neurotrauma with head or spinal cord injury.
Dear Legislator,

We are pleased to present to you the 2013 Annual Report for Alabama’s Impaired Drivers Trust Fund.

Because of the services made possible by the Impaired Drivers Trust Fund (IDTF), Alabamians with traumatic brain injuries (TBI) and spinal cord injuries (SCI) are better able to strive for and achieve an improved quality of life following injury.

These life-changing services are the result of collaboration between the IDTF Advisory Board and public and private organizations, including the Alabama Department of Rehabilitation Services, the Alabama Head Injury Foundation, and the Alabama Department of Public Health.

Please join us in thanking the partners and staff who labor tirelessly to improve the lives of all Alabamians with traumatic brain and/or spinal cord injury.

Cary F. Boswell, commissioner
Alabama Department of Rehabilitation Services

Reyn Norman, chairman
Alabama Impaired Drivers Trust Fund Advisory Board

What is traumatic brain injury (TBI)?

Traumatic brain injury (TBI) is damage to the brain that results when the head is hit, strikes a stationary object, or is violently shaken. A TBI can occur without any outward physical evidence of trauma. Damage to the brain may occur immediately, or it may develop as a result of swelling or bleeding following injury. Common consequences of TBI can involve sensory, cognitive, behavioral, and/or emotional impairments. Brain injuries are classified as mild, moderate, or severe depending on the type of injury or pressure and changes in the brain.

According to the Centers for Disease Control and Prevention:

- About 1.7 million people sustain a traumatic brain injury each year in the United States.
- 1.365 million - nearly 80 percent - are treated and released from an emergency department.
- TBI is a contributing factor to a third (30.5 percent) of all injury-related deaths in the United States.
- About 75 percent of TBIs that occur each year are concussions or other forms of mild traumatic brain injury.
- Children birth to 4 years, adolescents 15 to 19 years, and adults 65 years and older are most likely to sustain a TBI.
- Falls are the leading cause of TBI. Rates are highest for children birth to 4 years and for adults 75 years and older.
- Motor vehicle-traffic injury is the leading cause of TBI-related death. Rates are highest for adults 20 to 24 years.
- Direct medical costs and indirect costs of TBI, such as lost productivity, totaled an estimated $60 billion in the United States in 2000.
- After the first TBI, the risk for second injury is three times greater.
- After the second TBI, the risk for third injury is eight times greater.

In recovering from a TBI, timing is crucial. There is a person behind a medical record number whose recovery starts immediately upon discharge from the hospital. Without help, some people may never know their full potential. ...Without help from family, friends, and these services, I do not know if we could have seen such a quick and remarkable recovery process.
Service Component

Through funds provided by the IDTF, specific programs have been created and implemented to address the needs of people with TBI and SCI. In FY 2013, these programs provided the following services:

**Information and Referral - 594 callers received immediate information**

The Alabama Head and Spinal Cord Injury Registry Helpline, 1-888-879-4706, and The Alabama Head Injury Foundation’s toll-free Helpline, 1-800-433-8002, provided immediate information to 594 callers. Requests for information were also followed up on locally with referrals as necessary.

**Resource coordination - 887 consumers/families served**

This service coordination program helped 887 consumers and their families find and fulfill the coordinated, community-based assistance they needed. The program secured $318,779 in local donated and discounted goods/services for clients.

**Interactive Community-Based Model (ICBM) - 192 transitions from hospital to community**

Through the efforts of this five-phased rehabilitation program, 192 consumers transitioned from the hospital to home and the community, reducing cost of post-acute care and increasing average salary income for those returning to work.

**State of Alabama Independent Living (SAIL) Service - 294 consumers served**

SAIL provided personal assistance and support services to 294 consumers and their families, enabling them to remain as independent as possible. Donated goods and services for consumers exceeded $1 million this fiscal year.

Consumers served by area:

- Birmingham - 41
- Decatur - 23
- Dothan - 26
- Anniston - 53
- Montgomery - 54
- Mobile - 40
- Tuscaloosa - 57

**Respite care - 55 families served**

Services were provided to 55 families, relieving them of the around-the-clock responsibilities of caring for a family member. More than 3,747 hours of in-home care were provided.

**Housing assistance - 57 consumers served**

This program helped 57 people reside in the three accessible, affordable apartments through a coalition of entities, including the IDTF.

**Recreation - 37 persons with TBI and volunteers attended camp**

Thirty-seven persons with TBI and volunteers enjoyed recreation by attending Camp ASCCA (Alabama’s Special Camp for Children and Adults). In addition, Small Places day programs provided 1,784 units of service through eight locations across the state.

Service Linkage System Toll-Free Number: 1.888.879.4706
State of Alabama
Impaired Drivers Trust Fund

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